

# The UnCAGED Fretboard Theory Workshop #1

How to break free of patterns, learn your fretboard and internalize the sounds of Diatonic Major scales.

Learn the CAGED system of root patterns to learn each concept on the fretboard in more easily digestible chunks and then we move beyond those patterns to give you more melodic freedom.

by

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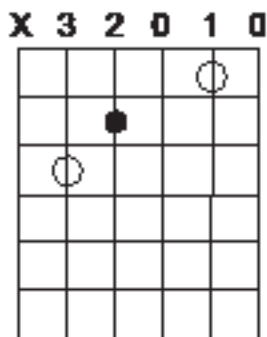
# The CAGED System

This is a system of organizing your fretboard into smaller sections based off of your open chords. The first thing that we will do is to take the root of each chord out of the shapes for your open C, open A, open G, open E and open D shapes (the so-called “campfire chords” that most of us learn when first pick up a guitar). It is a great place to start but you definitely want to start connecting these patterns into one larger neck pattern sooner rather than later so that you have a more complete ability to play anywhere in any key on the guitar.

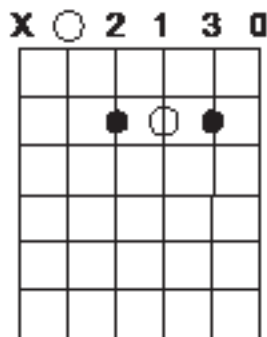
The open dots are the roots for each chord. You’ll notice that for the A, G, E and D chords there are roots that fall on open strings and the “o” for a root is larger than the “0” for the normal open string fingering indication. On the next page we have the root patterns written out horizontally on guitar necks for you to see how they all lay out to play a C# note all over the fretboard. If you play the patterns in order they spell out the word “CAGED” with their chord names. You’ll also see that every note is part of two root shapes...one above it and one below it on the fretboard.

Once you are comfortable with these shapes we can move on to learning each of the scales that I use on a fairly regular basis to play this music. Not every sound is in this book but these will get you through most blues, rock and soul playing situations.

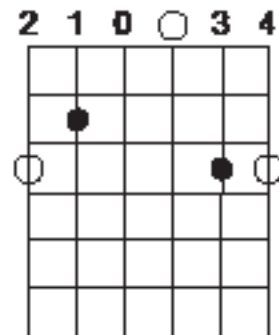
**C major**



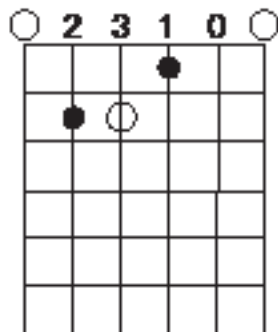
**A major**



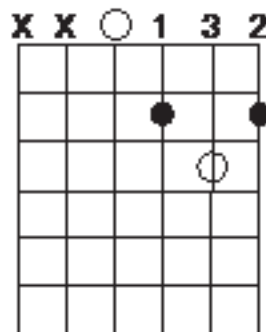
**G major**



**E major**

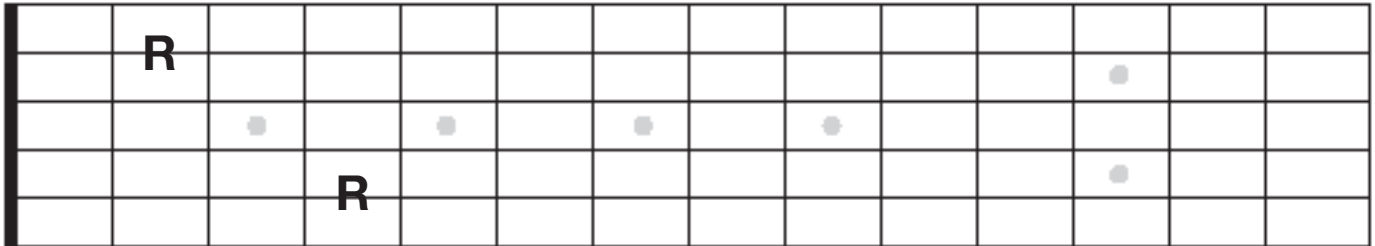


**D major**

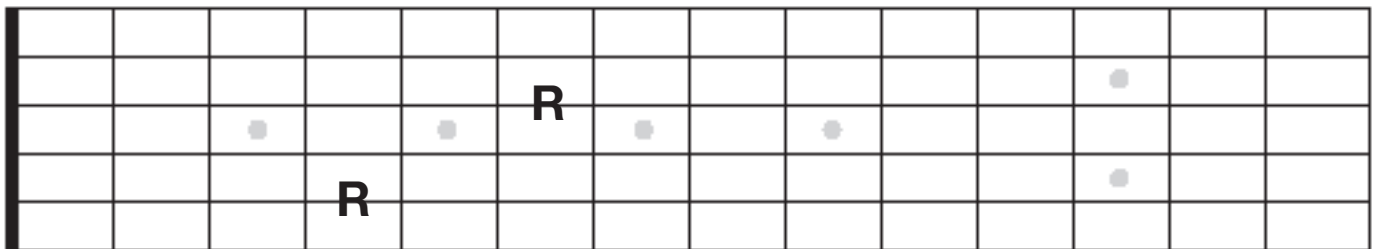


# Root Patterns from the CAGED System

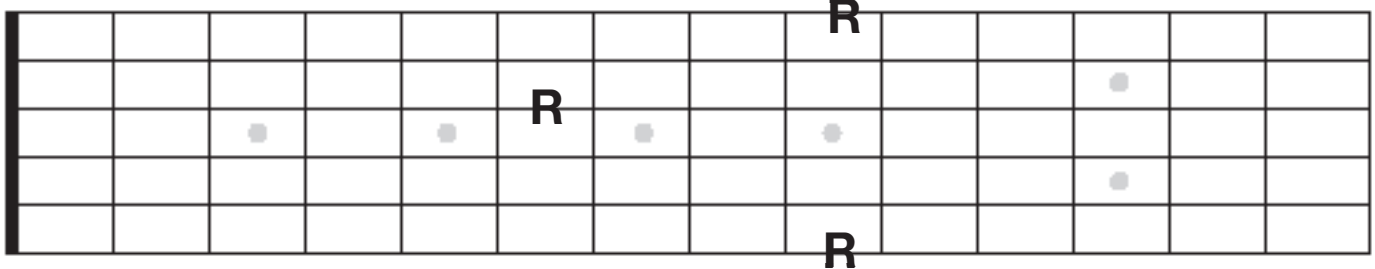
## C Major Shape



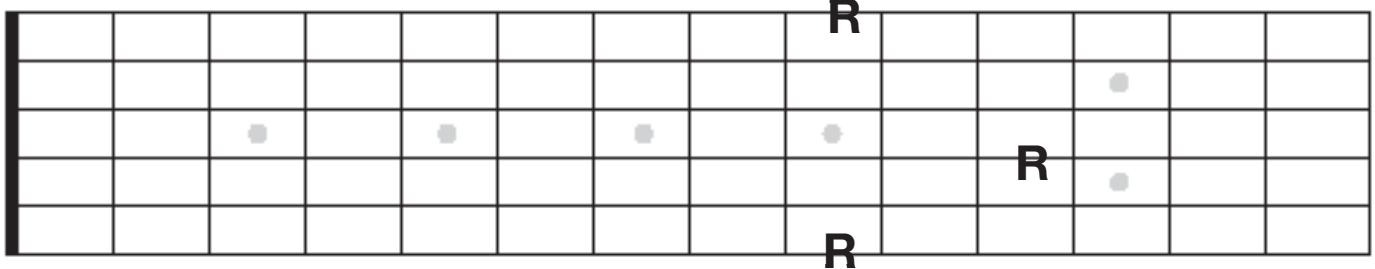
## A Major Shape



## G Major Shape



## E Major Shape



## D Major Shape

